Be “Wealthy”

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At the end of your life, you will be sad that you ruined your health and lost everything you had. –Proverbs 5:11 ERV

I rarely get sick. Even before when I was still a working student in MVC, I don’t usually get sick and if I do, it is of minor case only. But it was different this time.

Last September 17, my wife and I went home after church and had a nap. Later that afternoon, I felt like there’s something wrong in me and decided to take a bath to freshen up myself. My wife was playing her ukulele outside and I told her about what I was feeling. We just thought that it was a usual headache. By the evening, I had a fever already. But I know I’m still fine. I know my body more than anyone, so I totally never mind it. The next morning, I was very hot, had a headache I can’t explain, and was very tired. My wife was starting to get worried but I’m still confident that I’m fine and that it is just a usual fever which will eventually go away. But what seems to be a normal fever to me felt like there’s something more. By the evening, my wife had me steamed bath, had me drink some tea of a boiled herbal plant (Euphorbia hirta) which I was drinking already since morning, and then had a whole body massage. But then, I was never okay. I was then convinced that I am sick for real.

By Wednesday, we decided to go to the hospital to have a check-up. I was even asked by the school director if I wanted to be admitted. They were so worried about me, yet I still said no because being in the hospital would just make me feel more sick. The doctor who checked me said I had an influenza virus due to the changing weather conditions. He then gave me a prescription of the medicines I must take. He told me that if I don’t feel any better, I would be forced to stay in the hospital for some days, and I really don’t like that.

I am very much grateful unto the Lord because He gave us a very supportive director who never failed to provide us with the things we need. We left the hospital with zero payment because the school paid for it. Also, they had provided us with enough food for the month.

Indeed, we are truly so much blessed! But more than this, I truly learned once again to never really rely on what just we feel and be confident at all times that things will always work on what we usually think. Life is full of surprises. So we should never as well put our trusts away from our Maker. I was also reminded that health is wealth and that he who strives for the mastery is temperate in all things (1 Corinthians 9:25). Now, I am more cautious with my health, whether it may be in food or to the environment. Endeavoring to work more for the Lord had never been wrong, but we must always put all things in balance.